



Regione  
Lombardia

ASL Bergamo

ASL DELLA PROVINCIA DI BERGAMO

COORDINAMENTO DIREZIONI SANITARIE  
STRUTTURE OSPEDALIERE PUBBLICHE  
E PRIVATE ACCREDITATE



Azienda Ospedaliera  
Papa Giovanni XXIII  
Bergamo

## GETTING READY FOR UROGRAPHY PREPARAZIONE PER UROGRAFIA

(da compilare a cura del Medico prescrittore, barrando ove necessario. Si prega cortesemente di rispondere a tutte le domande indicate)

Il/La Sig/Sig.ra. .... ha la necessità di essere sottoposto/a a urografia per la seguente indicazione. ....

The patient is pregnant (certain or assumed ) or breastfeeding: **yes**  **no**   
*La paziente è in stato di gravidanza (certa o presunta) o in fase di allattamento*

Her/His case history shows as follows:

*Presenta in anamnesi:*

**yes no**

- Waldenström Paraproteinemia (*Paraproteinemia di Waldenström*)
- Serious liver deficiency (*Insufficienza epatica grave*)
- Sever/moderate kidney deficiency (*Insufficienza renale moderata/severa*)
- Multiple myeloma (*Mieloma multiplo*)
- Serious suffering myocardium or cardiovascular deficiency  
(*Stati di grave sofferenza del miocardio o di insufficienza cardiocircolatoria*)
- Hyperthyroidism (*Ipertireosi*)
- Metformin-treated diabetes (*Diabete in trattamento con Metformina*)
- Oral anticoagulant therapy in progress (*È in corso terapia con anticoagulante orale*)

<b>Yes no</b>		<b>IN CASO AFFERMATIVO INVIARE IL PAZIENTE ALLA STRUTTURA CHE ESEGUIRÀ L'INDAGINE</b>
<input type="checkbox"/> <input type="checkbox"/>	<b>Allergic predisposition Diatesi allergica</b>	

**On the day of the exam the patient will have to bring along the recent results of (no more than 30 days before the date of the exam) of**

***Il paziente deve presentarsi il giorno dell'esame con gli esiti recenti (massimo 30 giorni precedenti la data di esecuzione dell'esame) di***

- **CREATININEMY**
- **GLYCEMIA**

**and any previous documents (x-ray and/or ecographyc exams with reports) connected to the request**

***ed eventuale documentazione precedente (esami radiologici e/o ecografici con i referti) relativa alla richiesta.***

Data .....

Firma del medico .....

## **GETTING READY FOR UROGRAPHY PREPARAZIONE PER UROGRAFIA**

Patients who need to take a **UROGRAFIA** should get ready for the examination as follows:

1. **During the two days before the examination** do not have any food with peels, seeds or filaments. Especially do not take: fruit, vegetables, legumes and pulses, cereals, bread, pasta, rice, biscuits, breadsticks, rusks, wine, sweets, spirits, sparkling water.

You can have: milk, yoghurt, cheese, meat, fish, clear soup, baby food, fruit juice, eggs, natural water.

### **2. On the day before the examination:**

° **at 8.00** a.m take a laxative (like XPREP, full dose or PURSENNID, 12 tablets or any other laxative with the same ingredients).

NOTE: A full dose is only for adults. For children or elderly people with seriously damaged health the dose should be reduced by 50%.

° **from 5 p.m. to about 9 p.m.** drink a lot, at least 1,5 litres of natural water (with no gas)

3. **On the day of the examination** do not eat for at least 8 hours before the examination (you can take liquids, even sugared ones until 4 hours before the examination).

4. You can continue your usual therapy with the usual schedule excluded

- Metformina that must be suspended two days before the exam
- $\beta$ -bloccanti and ACE-inibitori that must be suspended the day of the exam (they may make hypotensions worse and ineffective their treatment)

**If you cannot come please contact this phone number:**

### **WARNING**

- Please note **that the patient will have to be accompanied by a person who can drive** or in any case by a responsible person over 18 of age because the drugs used during the exam may cause problems with driving after the examination

- it may be necessary for the patient to stay for 30 minutes in the surgery after the examination.